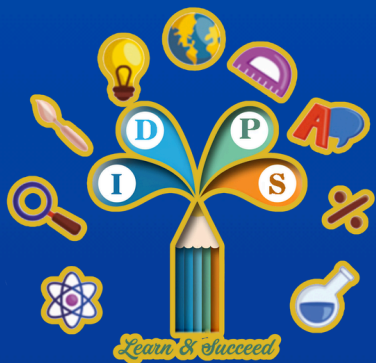




INTERNATIONAL DELHI PUBLIC SCHOOL
GHOUS MANHASAN

CHRONICLES

NEWSLETTER



SPARTANS



KNIGHTS



SAMURAI



TROJANS

APRIL, 2026

SHIV KUMAR SHARMA: Legendary Artist of Jammu

Jammu has made remarkable contributions to India's cultural and artistic heritage, and one of its most iconic figures is Sh. Shiv Kumar Sharma, the legendary Santoor maestro. He is widely credited with elevating the Santoor—a traditional instrument of Jammu and Kashmir—from a folk instrument to a respected instrument in Indian classical music on the global stage.

Born in 1938 in Jammu, Shiv Kumar Sharma was introduced to music by his father, Uma Dutt Sharma. Though he initially trained in vocal music and tabla, he later devoted himself to mastering the Santoor. At that time, the instrument had limited recognition in classical performances. Through constant practice, creativity, and innovation, he modified its structure and technique, making it suitable for performing complex classical ragas with precision and depth.

His music was known for its clarity, meditative quality, and emotional richness. Over the years, he performed across India and internationally, earning admiration from audiences and critics alike. His contribution extended beyond classical music when he collaborated with Hariprasad Chaurasia to compose music for Hindi films under the name "Shiv-Hari," creating timeless melodies.

Throughout his career, Shiv Kumar Sharma received numerous prestigious honors, including the Padma Vibhushan, recognizing his immense contribution to Indian music. His dedication not only brought the Santoor into the mainstream but also showcased the rich cultural heritage of Jammu and Kashmir to the world.

Shiv Kumar Sharma remains a symbol of artistic brilliance and cultural pride. His legacy continues to inspire aspiring musicians, ensuring that the soulful and mesmerizing sound of the Santoor lives on for generations to come.

Welcome to a New Beginning at IDPS Ghou Manhasan



A new session brings with it fresh hopes, new dreams, and endless possibilities!

We extend a warm and heartfelt welcome to all our new students who are now a part of the IDPS Ghoumanhasan family. You are stepping into a place where learning goes beyond books, where every child is nurtured, valued, and inspired to grow into their best selves.

BAISAKHI CELEBRATIONS



The festival of Baisakhi was celebrated with great joy and enthusiasm at IDPS Ghoumanhasan. The celebration began with a beautiful song that filled the atmosphere with festive spirit. A lively dance performance added colour and excitement to the event. A meaningful skit on farmers highlighted their hard work and valuable contribution to society, reminding everyone of the true essence of the harvest festival. Adding more charm to the celebration, our little stars from Begonia presented heartfelt poems that won everyone's appreciation. Overall, it was a joyful celebration filled with culture, gratitude, learning, and togetherness.



Oral Hygiene Workshop



A special interactive oral hygiene workshop was organised for the young IDPIANS of grade 1 & 2. it aimed at promoting healthy dental habits from an early age. During the session, students learned about proper brushing techniques, healthy eating habits, and the importance of regular dental check-ups.

We were honoured to have our expert guests:

Dr. Pranav Gupta

Dr. Ambreen Chaudhary

Mr. Amarjeet

The workshop concluded on a joyful note with small goodies for the children, making the learning experience fun and memorable.



World Heritage Day



On the occasion of World Heritage Day, students enthusiastically participated in various intra-class competitions organised at the school. The students of Grades 5 & 6 displayed their creativity in a Poster Making Competition, highlighting the importance of preserving our culture and heritage.

The students of Grades 7 to 9 participated in a Slogan Writing Competition, presenting thoughtful and inspiring slogans on Heritage conservation.

The activities encouraged creativity, awareness, and a sense of responsibility towards protecting our rich heritage.

Congratulations to all the participants for their wonderful efforts!



SPELLOMANIA 2.0



Spellomania 2.0 was a wonderful celebration of vocabulary, confidence, and language skills. Students showcased impressive spelling accuracy and communication skills, making the competition exciting and highly competitive. Every house participated with great enthusiasm and gave their best performance.

🏆 Results:

- 🥇 1st Position – Trojans House
- 🥈 2nd Position – Samurai House
- 🥉 3rd Position – Spartans House
- 🏅 4th Position – Knights House



EARTH DAY CELEBRATION



A special Earth Day assembly was organized by the students of Grades 1 and 2, where they beautifully presented messages on conservation, sustainability, and protecting Mother Earth through songs, speeches, and creative performances.

To further spread awareness, the students also performed an impactful Nukkad Natak at Wave Mall, highlighting the importance of environmental conservation and sustainable living. Their confident performance was widely appreciated and inspired the audience to contribute towards saving Planet Earth.

🍪 Talk Over Cookies ✨



Students of Grade VI, IDPS Ghoumanhasan, participated in an engaging interstate interaction session with students from Maharashtra (Ahmednagar). The discussion focused on the wildlife of Jammu & Kashmir and Maharashtra, where students confidently shared their thoughts, ideas, and knowledge. The session helped students improve their confidence, communication skills, and cultural understanding, making learning both interactive and meaningful.

✨ THE FIRST FOUNDER'S DAY – "SANKALP 1.0" ✨



IDPS Ghoumanhasan celebrated its first Founder's Day, "Sankalp 1.0," with great enthusiasm and pride. The school campus was beautifully decorated, reflecting the spirit of unity, growth, and excellence. Students and staff came together to honour the vision and foundation of the institution through vibrant performances and joyful celebrations. The occasion marked not just a celebration, but a commitment towards learning, values, and new beginnings, creating unforgettable memories for the entire IDPS family.



Labour Day



Our Labour Day Special Assembly at IDPS Ghou manhasan was a heartfelt tribute to the real heroes of our school – our dedicated didis and bhaiyas, who work tirelessly every single day to make our environment comfortable, safe, and nurturing for all. Our young learners expressed their gratitude through beautiful performances and thoughtful gestures, reminding us of the dignity and importance of every role. The students also brought learning to life by role-playing as different professionals – from labourers to teachers, doctors, and engineers – highlighting how each contribution is vital in building a strong and successful nation. Adding to the joy of the day, a friendly badminton match was organized for our supporting staff – maids, peons, and drivers – filling the atmosphere with laughter, excitement, and a true sense of belonging. It was a small gesture to make them feel special, valued, and celebrated.

Today was not just about appreciation, but about instilling respect, empathy, and gratitude in young hearts.



MR. SIDHANSH



MS. SHAGUN



MS. NIKITA



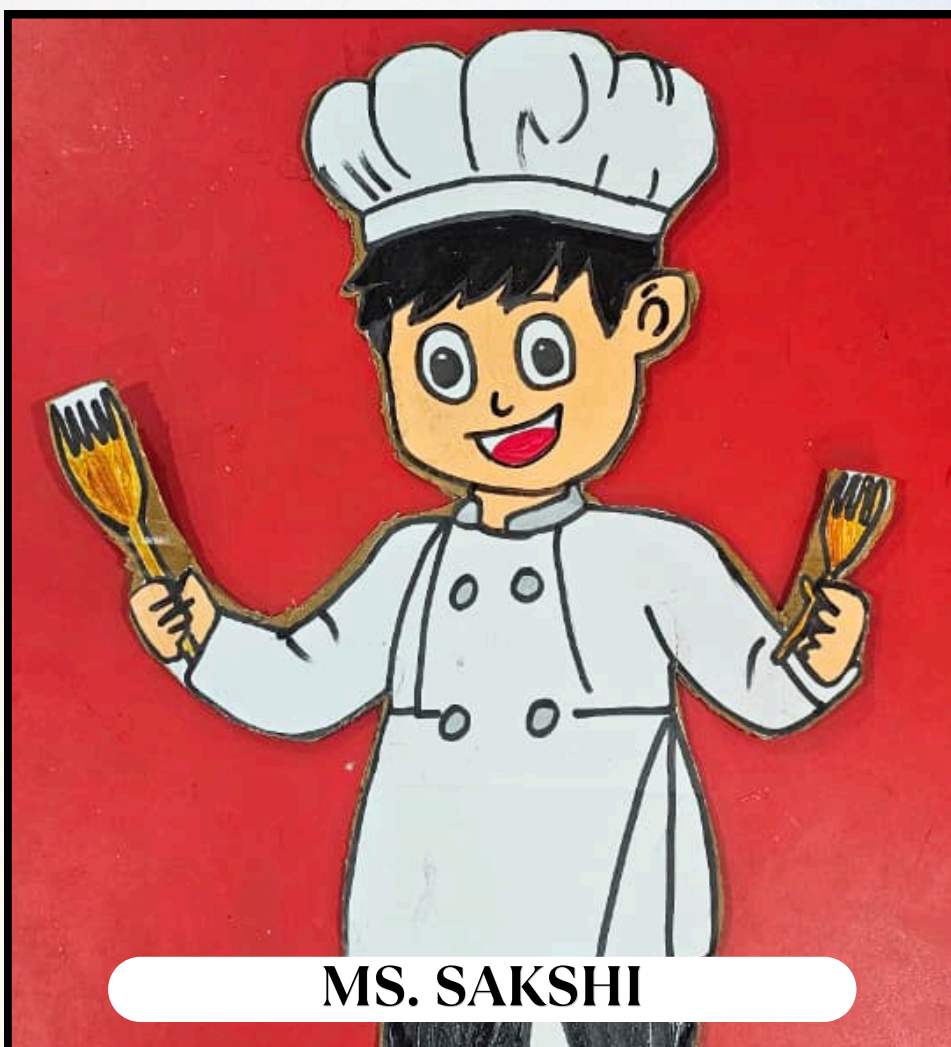
MS. AKRITI



MS. ISHA



MS. SEERAT



MS. SAKSHI



MS. SHIKHA

Why Sports Are Important ?

Sports play a vital role in maintaining physical and mental well-being. They are not just about competition but also about discipline, teamwork, and personal growth.

Engaging in sports helps improve fitness, strength, and stamina. Activities like cricket, football, and athletics keep the body active and reduce the risk of diseases. Sports also help in relieving stress and improving mental health.

Apart from physical benefits, sports teach valuable life lessons. They build confidence, leadership, and teamwork. Players learn how to handle success and failure with a positive attitude. Legendary athletes like Sachin Tendulkar inspire millions with their dedication and hard work.

For students, sports improve concentration and academic performance. They create a balance between studies and physical activity.

In conclusion, sports are essential for a healthy lifestyle and overall personality development. They shape individuals into strong, confident, and disciplined people.

Mr. Ashutosh Sharma (Skating Coach)

Exploring the Wonders of Physics

Physics is the branch of science that explores matter, energy, and the fundamental forces of nature. It helps us understand how objects move, how light and sound travel, and how energy is transferred. Concepts like gravity, motion, and electricity are all explained through physics. This subject forms the foundation of many modern technologies, including transportation, communication, and machinery. By studying physics, we gain insight into how the universe works, from the smallest particles to the vast cosmos. It encourages logical thinking, problem-solving, and curiosity, making it an essential and fascinating field of study.

MS. Niharika (PRT Science)

Whispers of Hope

In the quiet hush of morning light,
Where dreams awaken, soft and bright,
The world begins with gentle grace,
A golden glow on every face.
The breeze hums low through fields so wide,
Carrying hopes we hold inside,
Each step we take, though small it seems,
Leads us closer to our dreams.
Through trials faced and shadows near,
We rise above each doubt and fear,
For strength is born in hearts that try,
And wings are found when we dare to fly.
So hold your faith, let courage grow,
Like rivers steady in their flow,
For every night must fade away,
And bring the light of a brighter day.
In every end, a start we see—
A chance to be what we can be.

Ms. Malvi Sambyal (TGT English)

Personal Hygiene

Personal hygiene is essential for maintaining good health and a balanced lifestyle. It includes daily habits such as bathing, washing hands, brushing teeth, and wearing clean clothes. These practices help remove dirt, bacteria, and germs that can cause illnesses. Proper handwashing, especially before meals and after using the restroom, helps prevent infections and keeps the body safe from diseases.

Maintaining oral hygiene by brushing and flossing keeps teeth and gums healthy. Clean hair, trimmed nails, and neat clothing also contribute to a fresh and presentable appearance. Good hygiene boosts confidence and creates a positive impression in social and professional life. Developing these habits from an early age promotes discipline, self-respect, and a healthier future.

Ms. Deepti Mahajan (M.I)

The Power of Graphic Designing

Graphic designing is a dynamic field that combines creativity and visual communication to convey ideas effectively. In today's competitive and digital-driven world, it plays a crucial role in shaping brand identity, enhancing marketing strategies, and delivering clear messages to audiences.

Designers strategically use elements such as color, typography, imagery, and layout to create visually engaging and meaningful content.

These elements are carefully arranged to ensure clarity, consistency, and visual appeal, helping audiences quickly understand and connect with the message.

Effective graphic design goes beyond aesthetics; it focuses on purpose and communication. A well-crafted design can capture attention, influence perception, and strengthen a brand's presence. From advertisements to educational materials, graphic design is essential in almost every industry.

Moreover, graphic designing offers diverse career opportunities across media, advertising, education, and digital platforms. It enables individuals to merge artistic vision with practical application.

In essence, graphic designing is not just about creating visuals—it is about delivering impactful messages through thoughtful and professional design.

Mr. Karan Raina (Graphic Designer)

AMAZING FACTS

EARTH



Earth is the only planet known to have life and liquid water on its surface.

FIRE RAINBOW



A rare "fire rainbow" appears when sunlight passes through ice crystals in clouds.

DOLPHIN



Dolphins have names for each other and can recognize themselves in mirrors.

GREAT WALL OF CHINA



It is over 21,000 km long and is the longest man-made structure in the world. Its water system in a desert.

WORD MEANING

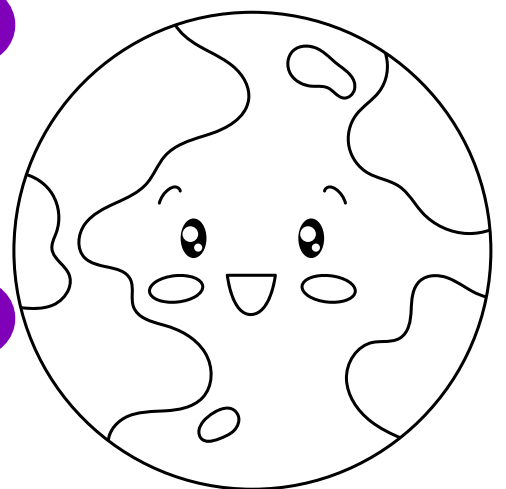
INNOVATION

Meaning: Creating new ideas or improving existing ones.

Example: Her innovation helped build a smart robot for school.

DID YOU KNOW?

- The World Heritage Day is celebrated every year on April 18 🌐
- UNESCO protects World Heritage Sites around the globe 🏛️
- India is home to more than 40 UNESCO World Heritage Sites 🇮🇳
- Heritage sites help us learn about the culture, history, and traditions of our world 🌐

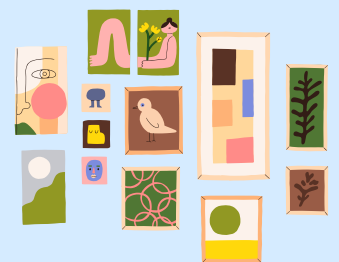


COLOR IT!

QUOTE CORNER

"The future belongs to those who believe in the beauty of their dreams."

— Eleanor Roosevelt



INSPIRATION STATION

Raja Ravi Varma

Raja Ravi Varma was a famous Indian artist known for preserving India's cultural heritage through his beautiful paintings. He painted scenes from Indian mythology and history, making art more accessible to common people. His creativity and contribution continue to inspire young artists and help preserve India's rich traditions.

QUICK QUIZ

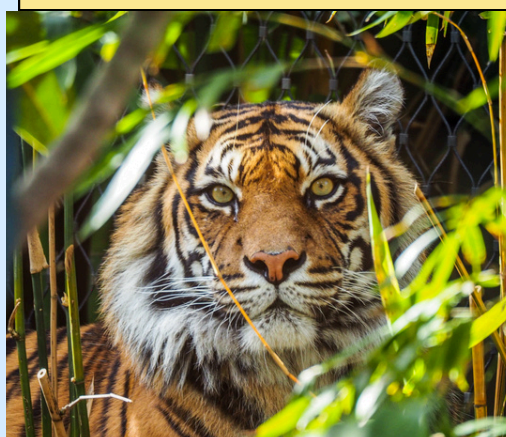
- **Science:** What gas do plants absorb from the air?
- **History:** Who was the first Prime Minister of India?
- **English:** What is the synonym of "Fast"?
- **Biology:** Which organ pumps blood in our body?
- **Arts:** What do we call painting on walls?



WORD SCRAMBLE

Unscramble the following words :

1. LOOHCS _____
2. RHTAE _____
3. GINEDS _____
4. LPANET _____
5. GNIHT _____
6. NIMLAA _____



ANIMAL OF THE MONTH

TIGER

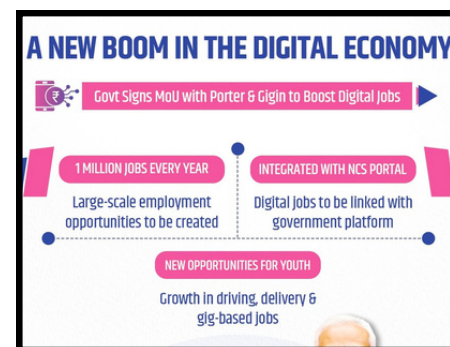
- Tigers are the largest wild cats
- Each tiger has unique stripes
- They are excellent swimmers
- Tigers are endangered animals

SPECIAL ABILITY:

Tigers have powerful night vision, helping them hunt in the dark.

1. Economy & Government

- Government launched new digital employment programs to boost youth jobs and entrepreneurship.
- India's GDP growth remained strong with increased investments in infrastructure and manufacturing.



2. Defence & Security

- India successfully tested advanced indigenous defence systems and surveillance technology.
- Joint military exercises with friendly nations strengthened international defence cooperation.



3. Environment & Agriculture

- Nationwide plantation drives launched ahead of World Earth Day celebrations.
- Government introduced smart irrigation projects to support farmers during heatwaves.



4. International Affairs

- India participated in global climate discussions focusing on sustainable development goals.
- India-France partnership expanded in technology, defence, and education sectors.



5. Science & Technology

- ISRO announced preparations for new satellite missions and space research projects.
- India expanded Artificial Intelligence and Quantum Computing programs in universities.



6. National Programs

- Schools across India adopted modern digital classrooms and VR-based learning systems.
- National education programs encouraged skill development and creativity among students.



THE CHANGING FACE OF EDUCATION : NAVIGATING NEP AND CBSE REFORMS

As schools gear up for the new academic year, CBSE brings with it a fresh set of challenges through the formal implementation of the National Education Policy (NEP). This transition introduces significant changes in the curriculum, particularly in Grade 9, and the non-availability of updated textbooks only adds to the difficulty. Teachers find themselves navigating uncertainty while also meeting the rising expectations of parents.

Alongside these academic shifts, CBSE has reaffirmed its commitment to holistic education. In line with this vision, it has introduced Daksham Kaushal Bodh, a subject aimed at strengthening vocational skills among students—an addition to the many co-curricular and experiential activities schools are already undertaking.

However, implementation is not as straightforward as it appears. CBSE has also integrated subjects like Computational Thinking and Artificial Intelligence from as early as Grade 3. The complexity lies in the fact that these are not assigned to a single teacher but are to be delivered within a structured framework of limited hours. This creates practical challenges in timetable planning, faculty allocation, and maintaining balance with core academic subjects.

Another significant concern is the introduction of a mandatory third language up to Grade 10. Students currently in Grade 6 will be required to appear for this language in their board examinations. While the intent may be to promote linguistic diversity, its practical relevance raises questions—especially when students may not use this language in higher education, careers, or global interactions. In an increasingly fast-paced and globalized world, where communication often transcends regional boundaries, the long-term utility of this policy remains debatable.

That said, while the intent behind these reforms is progressive, their execution demands careful planning, flexibility, and support at the ground level.

-Ms. Mubeen Butt (Vice Principal)

JAMMU PRIDE

PLACES THAT INSPIRE

- **MATA VAISHNO DEVI SHRINE**
A sacred pilgrimage destination that fills every devotee's heart with faith and strength.
- **BAHU FORT**
A historic fort that stands tall, offering a glimpse into Jammu's glorious past.
- **MANSAR LAKE**
A serene lake surrounded by hills and greenery, perfect for peace and relaxation.
- **RAGHUNATH TEMPLE**
An architectural marvel and a spiritual centre dedicated to Lord Rama.



MATA VAISHNO DEVI SHRINE



BAHU FORT



MANSAR LAKE



RAGHUNATH TEMPLE

FESTIVALS & CELEBRATIONS

From Navratri to Lohri, from Diwali to Baisakhi, Jammu celebrates every festival with joy, unity, and vibrant traditions.



NAVRATRI



LOHRI



DIWALI

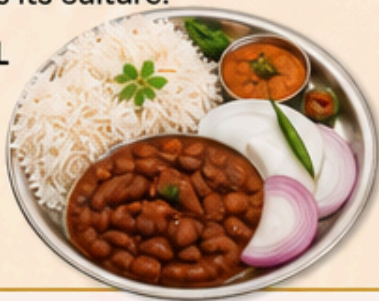


BAISAKHI

A TASTE OF JAMMU

The flavors of Jammu are as rich and diverse as its culture.

- RAJMA CHAWAL
- KALADI
- AMBAL
- KAHWA
- PATISA



PEOPLE WITH PRIDE

The people of Jammu are warm-hearted, hardworking, and deeply rooted in values of respect, courage, and compassion. Their spirit and hospitality make Jammu truly special.



JAMMU IN PROGRESS

Jammu is moving forward with strong infrastructure, better education, new opportunities, and sustainable development for a brighter tomorrow.



DID YOU KNOW?

- ✓ Jammu is known as the "City of Temples".
- ✓ The Dogri language is one of the official languages of Jammu & Kashmir.
- ✓ Jammu is the winter capital of Jammu & Kashmir.
- ✓ Mansar Lake is a Ramsar wetland site.
- ✓ Jammu has a rich legacy of art, music, and folklore.

“ Our Heritage
is our Strength.
Our Unity
is our Power.
Our Future
is our Pride.



**LET'S TAKE PRIDE IN JAMMU & WORK TOGETHER
FOR A STRONGER, BRIGHTER FUTURE!**

IDPS GHOU MANHASAN

BEYOND ACADEMICS: THE IDPS GHOU MANHASAN



AMBITION IS THE QUIET FIRE THAT TURNS DREAMS INTO REALITY.



Mr. KARAN RAINA

Chief Media Editor
& Graphics Designer

FROM THE EDITOR'S DESK

As I proudly present the Fifth Edition of our school newsletter, I feel immense joy and gratitude while reflecting on the memorable journey we have shared over the past few months. This edition beautifully captures the vibrant spirit of our school community, where learning, creativity, and enthusiasm continue to flourish every day.

From engaging classroom activities and academic achievements to cultural celebrations, sports events, and creative competitions, our students have embraced every opportunity with confidence and positivity. Their dedication, talent, and eagerness to learn have made each moment truly special and inspiring.

While compiling this newsletter, I was reminded that education is not limited to textbooks alone. True learning happens when students explore, create, participate, and express themselves freely. The experiences highlighted in these pages showcase not only achievements but also teamwork, discipline, and personal growth.

This edition stands as a celebration of the hard work and commitment of our students, teachers, and parents, whose collective efforts continue to make IDPS Ghoumanhasan a nurturing and inspiring place for learning. As you go through these pages, I hope you feel the same sense of pride and happiness that I experienced while bringing these cherished memories together.

Happy Reading!



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