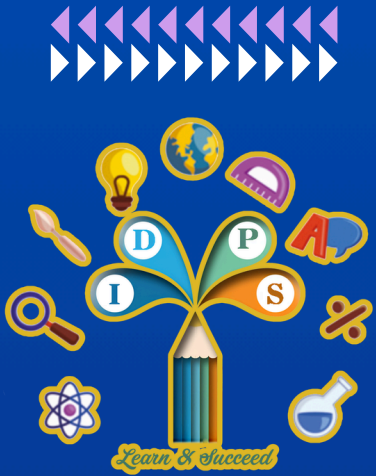




INTERNATIONAL DELHI PUBLIC SCHOOL
GHOUS MANHASAN

CHRONICLES

NEWSLETTER



SPARTANS



KNIGHTS



SAMURAI



TROJANS

FEBRUARY - MARCH

Ms. PADMA SACHDEV: First Modern Woman Poet of Dogri Language

Padma Sachdev was one of the most inspiring literary figures from Jammu and a proud voice of Dogri culture. Born on April 14, 1940, in Purmandal near Jammu, she grew up in a culturally rich environment. Her father, a Sanskrit scholar, deeply influenced her love for language and literature. From a young age, she showed a natural talent for writing poetry, especially in Dogri, her mother tongue.

Padma Sachdev is widely known as the first modern woman poet of the Dogri language. At a time when regional languages were often neglected, she chose to write in Dogri and gave

it a strong literary identity. Her poems beautifully reflect emotions, traditions, nature, and the daily life of people in Jammu and Kashmir. Through her writing, she preserved the culture and heritage of her region.

One of her most famous works, “Meri Kavita Mere Geet,” brought her national recognition and earned her the prestigious Sahitya Akademi Award in 1971. This achievement made her a pioneer in Indian literature. She later received other major honours, including the Padma Shri and the Saraswati Samman, recognizing her immense contribution to literature.

Apart from poetry, Padma Sachdev also worked with All India Radio, which helped her connect with a wider audience. She wrote in Hindi and Urdu as well, showing her versatility as a writer. Her autobiography “Chitt-Chete” is considered a masterpiece, giving readers a glimpse into her life, struggles, and journey as a writer.

Padma Sachdev also contributed to music and cinema. She worked with legendary singers like Lata Mangeshkar, helping bring Dogri songs to a national platform. Her work played an important role in promoting Dogri language across India. She even advocated for Dogri to be recognized officially, which later became part of the Indian Constitution’s Eighth Schedule.

What makes Padma Sachdev truly inspiring is her dedication to her roots. She proved that one can achieve greatness while staying connected to one’s culture and language. Her life teaches us the importance of passion, perseverance, and pride in our identity.

Padma Sachdev passed away in 2021, but her legacy continues to inspire writers, students, and artists. She remains a symbol of creativity and cultural pride for the people of Jammu and beyond.

In conclusion, Padma Sachdev was not just a poet but a cultural ambassador who gave a voice to Dogri literature and inspired generations to value their heritage.



SKUAST - Flower Show



IDPS Ghou Manhasan Blooms with excellence at SKUAST Flower Show . The students of IDPS recently showcased a masterful blend of artistry and botanical knowledge at the prestigious SKUAST Flower Show. They exhibit, a vibrant tapestry of diverse floral arrangements and stood out for their aesthetic elegance and sophisticated curation. This impressive fusion of science and art caught the attention of all attendees, leading to a momentous encounter with His Excellency, the Hon'ble Lieutenant Governor of J&K, Shri Manoj Sinha Ji. The Lieutenant Governor praised the students' "exquisite display of talent," a proud milestone for the school. They were Guided by Senior Coordinator Ms. Shikha Chaudhary and Art & Craft teachers Ms. Shagun and Ms. Esha. the team's success highlights IDPS's commitment to holistic, experiential learning. It was truly a blooming success for the entire IDPS family



PLANETARIUM



International Delhi Public School,GhouManhasan successfully organized a Planetarium Education Program for students of all classes. The initiative introduced students to planetarium-based education, offering an engaging and immersive learning experience in the field of space science and astronomy. Through visually rich presentations and interactive explanations, students gained a deeper understanding of celestial bodies and scientific concepts beyond the classroom. An interactive question-and-answer session further enhanced the learning experience, where students actively participated and were rewarded for their thoughtful responses, adding excitement and motivation to the program The program witnessed wholehearted participation from all students, reflecting their curiosity, excitement, and eagerness to learn through innovative methods. IDPS, Ghou Manhasan remains committed to organizing such innovative educational initiatives that promote experiential learning and support the holistic development of its students

Social Justice Day Celebration



International Delhi Public School Ghoumanhasan organized a special session in collaboration with the District Legal Services Authority, Jammu to promote awareness about equality, rights, and justice among students.

We were honoured to host:

- Ms. Maleeka Sharma, Sub-Judge & Secretary, DLSA Jammu
- Dr. Nitán Sharma, Assistant Professor, Law School, University of Jammu
- Advocate Uma Kapahi, Practicing Lawyer, J&K High Court



The session highlighted social justice, fundamental rights, gender equality, and the importance of legal aid. Students actively participated and gained valuable insights into their roles as responsible citizens.



EMERGE



The Graduation Ceremony of Blossoms



EMERGE – A Celebration of New Beginnings.

EMERGE marked a proud and emotional milestone at IDPS Ghou Manhasan, celebrating the graduation of our young Blossomers. The ceremony beautifully captured the joy, innocence, and achievements of our little learners as they stepped into a new phase of their academic journey. Filled with smiles, performances, and proud moments, the event reflected the nurturing environment and strong foundation provided by the school. It was not just a graduation, but a celebration of growth, confidence, and endless possibilities. As these young stars take their next step, we wish them success, happiness, and a future full of bright opportunities.



HOLI CELEBRATION



The festival of Holi became even more meaningful at IDPS Ghou Manhasan as Team IDPS celebrated the occasion with special guests from Old Age Home Ambphalla. The presence of the elderly added warmth, wisdom, and joy to the celebration, turning it into a truly memorable and heartfelt experience. The vibrant colours of Holi beautifully symbolized love, respect, and togetherness, bridging generations and spreading happiness all around. Such moments reflect the institution's values of compassion, inclusivity, and social responsibility, reminding us that festivals are best celebrated when shared with everyone.



NAVRATRI CELEBRATION



Auspicious Beginnings with Navratri The first day of Navratri was celebrated with devotion and spiritual fervour at IDPS Ghou Manhasan. The occasion was marked by a sacred Puja and Havan, invoking divine blessings for a successful and prosperous academic year ahead. The serene atmosphere, filled with prayers and positive energy, reflected the school's commitment to nurturing not only academic excellence but also cultural and spiritual values. Such celebrations instill a sense of faith, harmony, and positivity among students and staff. With blessings sought and spirits uplifted, the institution steps forward with renewed hope and dedication.

PRAGYAN 2.0



Honouring Excellence and Commitment: Pragyan 2.0 a special orientation on programme was organised at IDPS Ghou Manhasan, in recognition of growth and excellence of the worthy staff members. The institution proudly celebrated the well-earned promotions of its dedicated faculty, acknowledging their commitment, efficiency, and passion. The occasion also honoured outstanding educators with special awards, each reflecting perseverance, innovation, and unwavering dedication. These moments highlighted that true education thrives on appreciation, trust, and teamwork. As the academic year concludes, the celebration served as a reminder that collective efforts build a strong foundation for success. Heartiest congratulations to all awardees for inspiring excellence and strengthening the spirit of the institution.

SANYOG 2.0



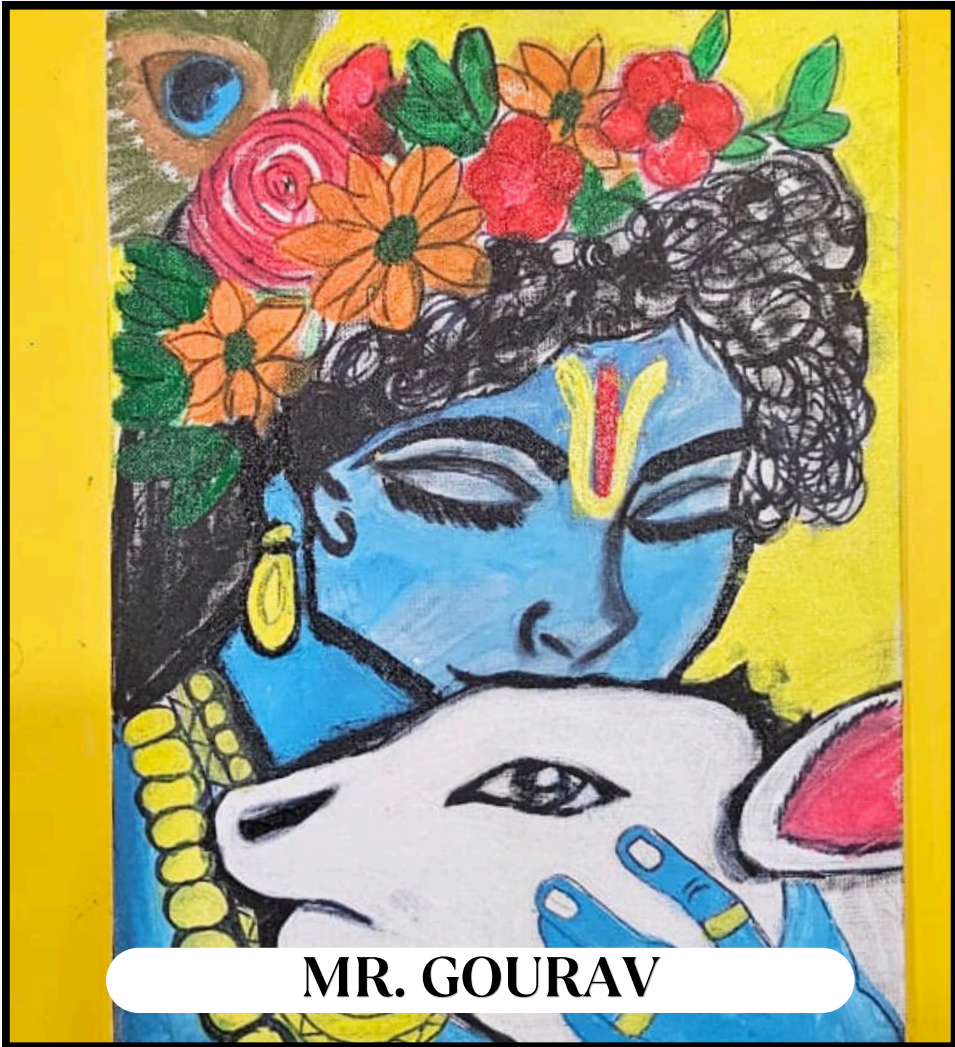
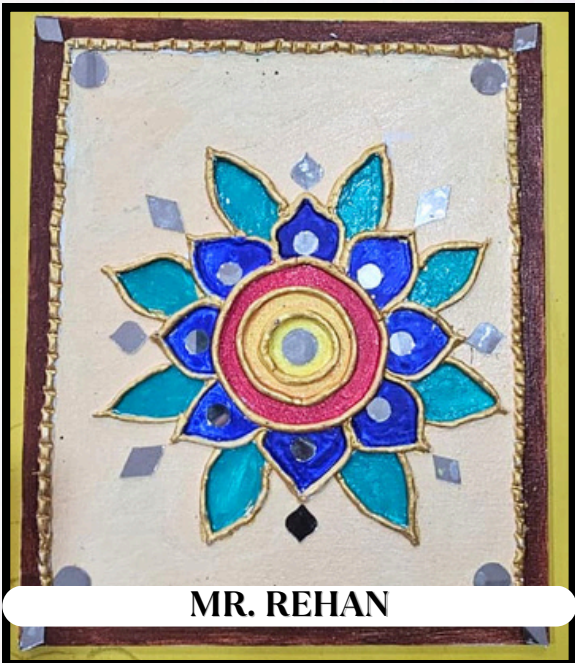
Sanyog 2.0 – Building Stronger Bonds for a Brighter Future.

At International Delhi Public School Ghou Manhasan, we believe that education is not just confined within classroom walls—it is a collaborative journey shared by students, teachers, and most importantly, parents. With this vision, we proudly present Sanyog 2.0, our Parent Orientation Programme, designed to strengthen this vital partnership. “Sanyog,” meaning connection, reflects the essence of this initiative—bringing together parents and educators to align their efforts towards the holistic development of every child. Sanyog 2.0 is not merely an orientation; it is a platform for open dialogue, mutual understanding, and shared responsibility.



Celebrating Growth and Partnership at Session-End PTM.

The Session-End PTM at IDPS Ghou Manhasan stood as a beautiful reflection of trust, growth, and collaboration. It was truly heartening to witness the presence of satisfied parents, confident and cheerful students, and meaningful interactions that celebrated the journey of the entire academic session. Each conversation echoed progress, every smile reflected achievement, and every piece of feedback inspired us to strive for even greater excellence. Such moments reinforce our belief that education extends beyond academic results—it thrives on strong relationships, mutual understanding, and a commitment to continuous growth. We remain deeply grateful for the unwavering support of our parent community and immensely proud of our students who continue to shine with confidence and determination. Together, we move forward with renewed motivation, stronger bonds, and a shared vision for the future.



The Timeless Relevance of Libraries

In the ancient Vedic period of India, knowledge was revered as the ultimate treasure. Gurukuls, the precursors to modern schools, functioned as living libraries where students memorized vast scriptures like the Vedas, Upanishads, and epics such as the Mahabharata. Oral traditions and palm-leaf manuscripts preserved wisdom on philosophy, mathematics, astronomy, and medicine. Sage Valmiki and Chanakya drew from these repositories to shape minds and nations. Libraries, even in rudimentary forms, cultivated deep concentration, ethical growth, and holistic development—proving that structured access to books builds character and intellect. Fast-forward to the modern era, and libraries remain pivotal. Consider Andrew Carnegie's revolutionary system in the early 20th century. The industrialist philanthropist funded over 2,500 public libraries across the USA, embodying his belief that "a library outranks any other one thing a community can do to benefit its people." These "Carnegie libraries" democratized knowledge, equipping immigrants, workers, and youth with free resources. This investment transformed America into a knowledge superpower, fueling innovations from the Wright brothers' flight to Silicon Valley's tech boom. Students who immersed themselves in these halls emerged as inventors, leaders, and thinkers, underscoring libraries' role in nurturing curiosity and self-reliance. Yet, today's digital deluge poses a stark contrast and danger. Smartphones and endless apps promise instant information but erode children's mental capabilities. Studies from the American Psychological Association highlight how excessive screen time shrinks attention spans, impairs memory retention, and spikes anxiety. Blue light disrupts sleep, while social media algorithms foster superficial scrolling over deep reading. Children glued to mobiles miss the tactile joy of turning pages, which enhances comprehension and empathy. This degradation risks a generation of distracted minds, unable to sustain focus or critical thinking—vital skills for true learning. India, with its rich intellectual heritage, must counter this by investing urgently in robust library systems for schools and communities.

Mr. Divam Sharma (Librarian)

Women Empowerment

“Empower a woman today, and you shape the future of tomorrow.”

Women empowerment means giving women equal rights, opportunities, and respect in society. Women play an important role in family and society. Empowering women means giving them education, freedom to make decisions, and equal opportunities in every field like education, sports, science, and politics. When women are empowered, the whole nation grows stronger. Therefore, we should respect women and support girls’ education.

Ms. Pooja Kapoor (TGT S.ST)

Sustainable Development – A Need for the Future

Sustainable development means using resources in a way that meets our needs without harming the ability of future generations to meet theirs. Today, the Earth faces many problems such as pollution, climate change, deforestation, and water shortages. These problems are caused by overuse of natural resources and careless human activities. Sustainable development encourages us to protect the environment by conserving water, planting trees, reducing waste, and using renewable energy sources like solar and wind. It also promotes recycling, eco-friendly transportation, and responsible consumption. Governments and organizations around the world are working together to create a sustainable future. However, everyone—including students—must contribute to this effort. By making small changes in our daily habits, we can save energy, reduce pollution, and protect wildlife. Sustainable development ensures that the Earth remains healthy, green, and safe for present and future generations. It is a responsibility we all must take seriously.

Ms. Priyanka Chandan (TGT S.ST)

Benefits of Artificial Intelligence

Artificial intelligence (AI) is playing an increasingly important role in education and offers many benefits for school students. It makes learning easier, faster, and more engaging. With AI-powered tools such as virtual tutors, smart learning apps, and interactive platforms, students can understand difficult subjects in a clear and simple way. These tools provide step-by-step explanations and extra practice, helping students strengthen their knowledge.

One major advantage of AI is that it offers personalized learning. Students can learn at their own pace, which builds confidence and reduces stress. AI also gives instant feedback on homework and tests, allowing students to quickly learn from their mistakes and improve their performance.

In addition, AI helps students stay organized by managing schedules, setting reminders, and planning study time effectively. Teachers also benefit from AI, as it helps them create better lesson plans, monitor student progress, and provide individual attention.

Overall, artificial intelligence helps students develop important skills like problem-solving, creativity, and critical thinking. It makes education more interactive, efficient, and enjoyable, preparing students for a smarter and more advanced future.

Mr. Karan Raina (Graphic Designer)

AMAZING FACTS

TONGUE



The tongue is the strongest muscle in the human body

MOONBOW



Rainbows can appear at night—called a “moonbow”

HONEY



Honey never spoils—even after 3000 years!

PETRA, JORDAN



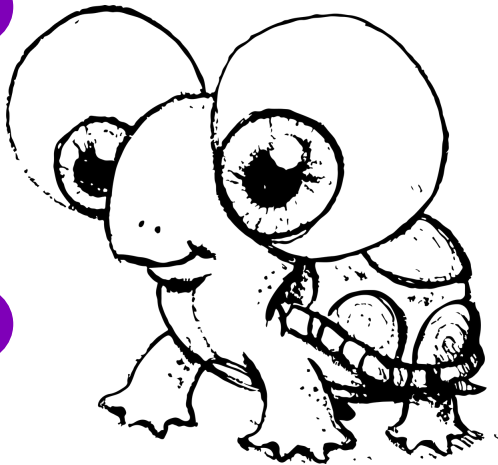
Petra, Jordan – Discovered by the modern world in 1812, this rock-cut city amazed historians with its water system in a desert.

WORD MEANING

CREATIVITY

Meaning: Using imagination to make something new.

Example: His creativity helped him design a beautiful poster..



COLOR IT!

DID YOU KNOW?

- Sharks existed before trees!
- Butterflies taste with their feet 🦋
- Your heart beats 100,000 times a day ❤️
- The Moon has earthquakes too 🌕

QUOTE CORNER

“In a gentle way, you can shake the world.” —

Mahatma Gandhi



INSPIRATION STATION

Mr. Mithun Manhas

Mithun Manhas (born 12 October 1979) is an Indian cricket administrator and former cricketer who is serving as the president of the Board of Control for Cricket in India since September 2025.

QUICK QUIZ

- **Science:** Which planet is known as the Red Planet?
- **History:** Who is known as the Father of the Nation (India)?
- **English:** What is the opposite of “Happy”?
- **Biology:** Which organ helps us to breathe?
- **Arts:** What is paper folding art called?



ANIMAL OF THE MONTH

Dolphin

- Dolphins are extremely intelligent animals
- They communicate using clicks and whistles
- Dolphins have names for each other!
- They are known for their playful nature

SPECIALABILITY:

Dolphins use echolocation to find food and navigate in water.



WORD SCRAMBLE

Unscramble the following words :

1. LOOHCS _____
2. TUDSENT _____
3. REHTACE _____
4. NIAOP _____
5. GNIHT _____

1. Economy & Government

- Govt approved ₹33,660 crore “Bharat Audyogik Vikas Yojana” to develop 100 industrial parks.
- India’s unemployment rate dropped to 4.9% (Feb 2026).



2. Defence & Security

India approved \$25 billion defence deals (aircraft, S-400 systems, surveillance tech).



3. Environment & Agriculture

- Govt planning “Bee Corridors” on highways to support biodiversity.
- Wheat production expected to rise but affected by hailstorms & heatwaves.



4. International Affairs

- India-Italy 9th Foreign Office Consultations held to strengthen ties.
- Ongoing Iran-Israel conflict impacting global economy & oil markets.



5. Science & Technology

- Govt approved 23 institutions for Quantum Labs under National Quantum Mission.
- Focus on Industrial AI for India’s “Viksit Bharat 2047” vision.



6. Sports

- India won ICC T20 World Cup 2026 🏆
- Continued strong performance in global sports events (badminton, cricket etc.)



7. Awards & Achievements

Indian film “Boong” won BAFTA 2026 (Children’s Film category).



JAMMU PRIDE

Jammu is a land of culture, courage, spirituality, and natural beauty. Popularly known as the City of Temples, Jammu holds a special place in the heart of India. It is famous for its rich traditions, warm hospitality, scenic mountains, and historical importance.

Jammu is blessed with many beautiful and sacred places that attract visitors from all over the country. The holy shrine of Mata Vaishno Devi, the historic Bahu Fort, the peaceful Mansar Lake, and the grand Raghunath Temple are symbols of Jammu’s heritage and devotion.



The culture of Jammu is vibrant and colorful. Traditional Dogri language, folk music, dance, festivals, and delicious food like Rajma Chawal, Kaladi, and Ambal reflect the soul of the region. People of Jammu are known for their kindness, bravery, and strong values.

Jammu has also produced many inspiring personalities in literature, sports, defence, and public service. Great names like Padma Sachdev, who gave pride to Dogri literature, and many brave soldiers from the region have brought honour to Jammu.



Today, Jammu continues to grow in education, tourism, trade, and modern development while proudly preserving its roots and traditions.

PROUD TO BE FROM JAMMU
Culture in our hearts.
Tradition in our roots.
Progress in our future.

“A PLACE BECOMES GREAT WHEN ITS PEOPLE KEEP ITS SPIRIT ALIVE.”

ROLE OF TECHNOLOGY IN EDUCATION

“DEVELOP A PASSION FOR LEARNING. IF YOU DO, YOU WILL NEVER CEASE TO GROW.” – ANTHONY J. D'ANGELO

Technology has become an essential part of modern education, transforming the way students learn and teachers teach. It is no longer limited to traditional classrooms and textbooks; instead, it has introduced innovative methods that make learning more interactive, accessible, and effective. Technology has opened new doors for knowledge, making education more engaging and inclusive for everyone.

One of the most important roles of technology in education is improving access to learning. With the help of the internet and digital platforms, students can learn anytime and anywhere. Online classes, educational apps, and e-books have made it possible for learners to gain knowledge beyond the boundaries of schools and colleges. This is especially beneficial for students in remote areas who may not have access to quality education.

Technology also makes learning more interesting and interactive. Smart boards, videos, animations, and virtual simulations help students understand complex concepts easily. Instead of just reading from books, students can now see and experience what they are learning. This not only improves understanding but also increases interest and curiosity among learners.

Moreover, technology helps teachers improve their teaching methods. It provides them with various tools to create engaging lessons, track student progress, and give better feedback. Teachers can use digital resources to make their classes more effective and adapt their teaching strategies based on students' needs.

Technology also plays a crucial role in developing important skills. It helps students become digitally literate, which is necessary in today's world. Skills such as problem-solving, critical thinking, and creativity are enhanced through the use of technology. These skills are important for future careers and overall personal growth.

However, it is important to use technology wisely. Excessive use can lead to distractions and reduce face-to-face interactions. Therefore, a balanced approach is necessary to ensure that technology supports learning without replacing the human connection in education.

In conclusion, technology has greatly transformed education by making it more accessible, interactive, and efficient. It supports both students and teachers in the learning process and prepares individuals for the future. When used properly, technology becomes a powerful tool that enhances education and contributes to the development of a knowledgeable and skilled society.

IDPS GHOU MANHASAN

BEYOND ACADEMICS: THE IDPS GHOU MANHASAN



AMBITION IS THE QUIET FIRE THAT TURNS DREAMS INTO REALITY.

FROM THE EDITOR'S DESK

As I unveil the fourth edition of our school newsletter, I reflect with gratitude and pride on the remarkable journey we've shared from April to July. Compiling these memories has been a truly enjoyable experience. With each page, the vibrant spirit of our school comes alive—classrooms buzzing with engaging discussions, hallways echoing with joyful laughter, playgrounds filled with enthusiasm, and young minds shining with curiosity.

In putting this edition together, I was particularly struck by the variety of opportunities our students seized. From academic accomplishments to cultural festivities, from athletic events to skill-building activities, the last few months have been brimming with enriching experiences. Whether on campus or beyond, our students represented IDPS Ghoumanhasan with confidence, pride, and positivity.

This edition serves as a tribute to experiential learning, as true understanding flourishes when children actively create, explore, experiment, and express themselves. The highlights featured here reflect not just participation, but genuine engagement, where learning transformed into a joyful and meaningful adventure.

As you navigate these pages, I hope you feel the same sense of pride and inspiration that I experienced while bringing these moments together. Each story stands as a testament to the incredible growth, learning, and potential of our students.

Mr. KARAN RAINA

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